

1. The first step is try to use a codec that use lower bandwidth. Please refer to the graph below for bandwidth requirement in different codec:

| G.711u/A | G.723.1 | G.726 | G.729A/B |
|--|---|---|---|
| 64Kbps per channel and require 84Kbps per call bandwidth. One of the earliest and most supported Codec. | 6,3Kbps per channel and require 21Kbps per call bandwidth. The original Codec used by Netmeeting . | 16~40kbps per channel and require 37~60Kbps per call bandwidth. ADPCM Support. | 8kbps per channel and require 29Kbps per call bandwidth. Licensed Codec. G.729B adds VAD and CNG support |

2. Please follow the trouble shooting steps below for guidance

